# ■チーム別ラップタイムリスト

第11回宮崎100kmリレーマラソン

100km 100km 一般の部 2024年6月1日(土)

No: 001 チーム南風~(はえ~)

鈴木 貴博 井上 誠二 谷川 敬則 鈴木 陽遥 牧草 亮

1		ラップタイム
1	00:07:58.42	00:07:58.42
2	00:16:22.90	00:08:24.48
3	00:28:26.03	00:12:03.13
4	00:37:25.44	00:08:59.41
5	00:46:04.16	00:08:38.72
6	00:53:42.78	00:07:38.62
7	01:02:07.35	00:08:24.57
8	01:12:42.18	00:10:34.83
9	01:21:31.56	00:08:49.38
10	01:29:43.93	00:08:12.37
11	01:39:00.92	00:09:16.99
12	01:47:19.04	00:08:18.12
13	01:57:52.65	00:10:33.61
14	02:07:17.93	00:09:25.28
15	02:15:57.85	00:08:39.92
16	02:24:18.08	00:08:20.23
17	02:36:41.20	00:12:23.12
18	02:45:55.13	00:09:13.93
19	02:55:30.42	00:09:35.29
20	03:04:13.27	00:08:42.85
21	03:12:03.52	00:07:50.25
22	03:20:50.23	00:08:46.71
23	03:30:09.33	00:09:19.10
24	03:42:41.73	00:12:32.40
25	03:55:13.76	00:12:32.03
26	04:05:54.09	00:10:40.33
27	04:16:20.75	00:10:26.66
28	04:28:45.99	00:12:25.24
29	04:37:50.47	00:09:04.48
30	04:47:48.49	00:09:58.02

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
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31	04:56:58.88	00:09:10.39
32	05:04:34.57	00:07:35.69
33	05:15:15.69	00:10:41.12
34	05:26:31.51	00:11:15.82
35	05:36:52.84	00:10:21.33
36	05:46:24.90	00:09:32.06
37	05:56:53.89	00:10:28.99
38	06:05:24.64	00:08:30.75
39	06:14:40.02	00:09:15.38
40	06:27:11.11	00:12:31.09
41	06:37:53.57	00:10:42.46
42	06:48:15.79	00:10:22.22
43	06:56:37.85	00:08:22.06
44	07:06:04.37	00:09:26.52
45	07:16:29.90	00:10:25.53
46	07:26:58.89	00:10:28.99
47	07:35:09.36	00:08:10.47
48	07:44:12.95	00:09:03.59
49	07:54:34.18	00:10:21.23
50	08:04:39.29	00:10:05.11

2024年6月1日(土)

100km 100km 一般の部

No: 002

なまずの郷RC

八垣 圭一郎 東 基生 甲斐 姿子

周	回数	トータルタイム	ラップタイム	
	1	00:08:50.69	00:08:50.69	
	2	00:17:54.19	00:09:03.50	
	3	00:26:48.20	00:08:54.01	
	4	00:36:30.97	00:09:42.77	
	5	00:46:21.61	00:09:50.64	
	6	00:56:10.93	00:09:49.32	
	7	01:05:18.52	00:09:07.59	
	8	01:14:34.61	00:09:16.09	
	9	01:23:42.56	00:09:07.95	
	10	01:33:16.44	00:09:33.88	
	11	01:43:11.70	00:09:55.26	
	12	01:53:16.22	00:10:04.52	
	13	02:02:25.17	00:09:08.95	
	14	02:11:41.06	00:09:15.89	
	15	02:20:40.64	00:08:59.58	
	16	02:30:17.94	00:09:37.30	
	17	02:40:17.57	00:09:59.63	
	18	02:50:35.42	00:10:17.85	
	19	02:59:30.47	00:08:55.05	
	20	03:08:26.85	00:08:56.38	
	21	03:17:25.60	00:08:58.75	
	22	03:27:07.16	00:09:41.56	
	23	03:37:10.63	00:10:03.47	
	24	03:47:08.65	00:09:58.02	
	25	03:56:22.36	00:09:13.71	
	26	04:05:44.66	00:09:22.30	
	27	04:15:27.62	00:09:42.96	
	28	04:25:45.21	00:10:17.59	
	29	04:36:26.70	00:10:41.49	
	30	04:46:44.36	00:10:17.66	

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
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31	04:56:42.03	00:09:57.67	
32	05:07:03.79	00:10:21.76	
33	05:17:18.20	00:10:14.41	
34	05:28:45.66	00:11:27.46	
35	05:40:47.61	00:12:01.95	
36	05:51:06.85	00:10:19.24	
37	06:01:36.53	00:10:29.68	
38	06:12:10.90	00:10:34.37	
39	06:23:30.67	00:11:19.77	
40	06:34:41.83	00:11:11.16	
41	06:47:11.64	00:12:29.81	
42	06:57:03.79	00:09:52.15	
43	07:07:29.40	00:10:25.61	
44	07:18:23.26	00:10:53.86	
45	07:29:39.01	00:11:15.75	
46	07:40:37.04	00:10:58.03	
47	07:52:13.06	00:11:36.02	
48	08:02:27.93	00:10:14.87	
49	08:12:15.53	00:09:47.60	
50	08:22:30.24	00:10:14.71	

2024年6月1日(土)

100km 100km 一般の部

No: 003 アルパイントレイン

渡辺 あゆみ 田熊 恒治 前田 法彦 大塚 真言

周回数	トータルタイム	ラップタイム
1	00:08:37.52	00:08:37.52
2	00:16:50.66	00:08:13.14
3	00:24:21.13	00:07:30.47
4	00:35:22.21	00:11:01.08
5	00:44:35.88	00:09:13.67
6	00:53:26.46	00:08:50.58
7	01:01:52.01	00:08:25.55
8	01:10:31.41	00:08:39.40
9	01:19:06.03	00:08:34.62
10	01:27:47.00	00:08:40.97
11	01:39:04.73	00:11:17.73
12	01:50:05.75	00:11:01.02
13	01:59:27.92	00:09:22.17
14	02:08:05.44	00:08:37.52
15	02:16:40.14	00:08:34.70
16	02:25:18.63	00:08:38.49
17	02:34:54.53	00:09:35.90
18	02:44:20.49	00:09:25.96
19	02:55:11.18	00:10:50.69
20	03:04:29.78	00:09:18.60
21	03:13:22.05	00:08:52.27
22	03:22:00.74	00:08:38.69
23	03:30:45.31	00:08:44.57
24	03:39:56.35	00:09:11.04
25	03:50:40.83	00:10:44.48
26	03:58:39.73	00:07:58.90
27	04:06:47.04	00:08:07.31
28	04:15:47.99	00:09:00.95
29	04:26:47.56	00:10:59.57
30	04:36:11.35	00:09:23.79

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
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31	04:45:31.03	00:09:19.68			
32	04:54:41.57	00:09:10.54			
33	05:03:17.36	00:08:35.79			
34	05:12:34.88	00:09:17.52			
35	05:24:06.79	00:11:31.91			
36	05:35:35.65	00:11:28.86			
37	05:45:02.45	00:09:26.80			
38	05:53:15.49	00:08:13.04			
39	06:02:42.18	00:09:26.69			
40	06:14:27.50	00:11:45.32			
41	06:23:53.93	00:09:26.43			
42	06:32:54.19	00:09:00.26			
43	06:41:58.98	00:09:04.79			
44	06:51:03.53	00:09:04.55			
45	07:02:43.73	00:11:40.20			
46	07:11:55.99	00:09:12.26			
47	07:20:24.06	00:08:28.07			
48	07:29:22.77	00:08:58.71			
49	07:38:07.11	00:08:44.34			
50	07:46:51.92	00:08:44.81			

100km	100km 一般の	部		20	)24年6月1日(土)
No: 004	堤防族				
	築地 弘志	築地 桐吾			梶原 龍太
	小佐井 美香				竹田 豊
	内田 忠克 高橋 章大	大神 善寛	兒玉 大輔	井口 珠代	音堅 眞広
周回数 ト-		ラップタイム			
1	00:06:43.66	00:06:43.66			
2	00:14:49.40	00:08:05.74			
3	00:22:31.49	00:07:42.09			
4	00:32:13.81	00:09:42.32			
5	00:41:00.25	00:08:46.44			
6	00:50:57.22	00:09:56.97			
7	01:02:23.02	00:11:25.80			
8	01:10:30.18	00:08:07.16			
9	01:20:24.19	00:09:54.01			
10	01:28:53.56	00:08:29.37			
11	01:40:05.16	00:11:11.60			
12	01:51:35.72	00:11:30.56			
13	02:02:48.21	00:11:12.49			
14	02:11:09.69	00:08:21.48			
15	02:21:27.53	00:10:17.84			
16	02:28:01.47	00:06:33.94			
17	02:36:44.93	00:08:43.46			
18	02:43:44.03	00:06:59.10			
19	02:51:40.76	00:07:56.73			
20	03:00:24.25	00:08:43.49			
21	03:08:31.92	00:08:07.67			
22	03:17:36.33	00:09:04.41			
23	03:24:10.37	00:06:34.04			
24	03:34:36.02	00:10:25.65			
25	03:42:47.80	00:08:11.78			
26	03:53:16.23	00:10:28.43			
27	04:04:43.03	00:11:26.80			
28	04:15:29.71	00:10:46.68			
29	04:26:05.44	00:10:35.73			
30	04:37:18.06	00:11:12.62			

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
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 31	04:49:15.75	00:11:57.69			
32	04:56:19.94	00:07:04.19			
33	05:03:19.74	00:06:59.80			
34	05:13:56.68	00:10:36.94			
35	05:23:15.39	00:09:18.71			
36	05:30:26.79	00:07:11.40			
37	05:38:20.62	00:07:53.83			
38	05:46:23.79	00:08:03.17			
39	05:55:37.96	00:09:14.17			
40	06:06:59.21	00:11:21.25			
41	06:15:29.06	00:08:29.85			
42	06:25:53.98	00:10:24.92			
43	06:36:14.34	00:10:20.36			
44	06:47:42.66	00:11:28.32			
45	06:57:31.04	00:09:48.38			
46	07:05:48.24	00:08:17.20			
47	07:14:02.78	00:08:14.54			
48	07:20:36.53	00:06:33.75			
49	07:28:57.94	00:08:21.41			
50	07:36:37.18	00:07:39.24			

# ■チーム別ラップタイムリスト

第11回宮崎100kmリレーマラソン

2024年6月1日(土)

100km 100km 一般の部

No: 005 Team ひなた

村井 隆彦 迫田 幸二 森谷 晋次 仲村 尚毅

周回数	トータルタイム	ラップタイム
1	00:08:27.22	00:08:27.22
2	00:16:48.94	00:08:21.72
3	00:25:17.90	00:08:28.96
4	00:33:22.88	00:08:04.98
5	00:41:55.90	00:08:33.02
6	00:49:51.41	00:07:55.51
7	00:57:54.91	00:08:03.50
8	01:05:53.35	00:07:58.44
9	01:14:07.90	00:08:14.55
10	01:22:36.46	00:08:28.56
11	01:30:37.09	00:08:00.63
12	01:38:32.84	00:07:55.75
13	01:46:40.71	00:08:07.87
14	01:55:03.10	00:08:22.39
15	02:03:00.60	00:07:57.50
16	02:10:51.24	00:07:50.64
17	02:18:53.45	00:08:02.21
18	02:27:20.33	00:08:26.88
19	02:35:14.53	00:07:54.20
20	02:43:10.89	00:07:56.36
21	02:51:25.63	00:08:14.74
22	02:59:25.03	00:07:59.40
23	03:08:29.36	00:09:04.33
24	03:16:33.09	00:08:03.73
25	03:24:32.57	00:07:59.48
26	03:32:25.16	00:07:52.59
27	03:40:29.24	00:08:04.08
28	03:49:50.48	00:09:21.24
29	04:00:02.92	00:10:12.44
30	04:08:09.79	00:08:06.87

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
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<u>*</u>	****	· -	
31	04:16:42.69	00:08:32.90	
32	04:24:50.21	00:08:07.52	
33	04:32:55.16	00:08:04.95	
34	04:42:35.01	00:09:39.85	
35	04:50:55.90	00:08:20.89	
36	04:58:48.96	00:07:53.06	
37	05:06:53.03	00:08:04.07	
38	05:18:04.41	00:11:11.38	
39	05:26:35.77	00:08:31.36	
40	05:34:30.51	00:07:54.74	
41	05:42:38.28	00:08:07.77	
42	05:54:55.51	00:12:17.23	
43	06:03:40.11	00:08:44.60	
44	06:11:39.21	00:07:59.10	
45	06:19:42.96	00:08:03.75	
46	06:32:02.61	00:12:19.65	
47	06:40:23.20	00:08:20.59	
48	06:47:57.10	00:07:33.90	
49	06:55:46.35	00:07:49.25	
50	07:07:00.24	00:11:13.89	

2024年6月1日(土)

100km 100km 一般の部

No: 006 中武と愉快な仲間達2

上村 裕一髙橋 輝日髙 健司甚野 征一郎坂本 雅和髙山 知裕落合 兼近北原 昌幸加藤 孝志大嶋 亘

甲斐 悠矢 棕田 翔紀 児玉 潤弥 波多野 智哉

周回数	トータルタイム	ラップタイム
1	00:06:07.89	00:06:07.89
2	00:13:10.93	00:07:03.04
3	00:21:11.54	00:08:00.61
4	00:29:24.39	00:08:12.85
5	00:37:46.20	00:08:21.81
6	00:46:24.28	00:08:38.08
7	00:54:28.86	00:08:04.58
8	01:02:01.64	00:07:32.78
9	01:10:04.71	00:08:03.07
10	01:19:55.04	00:09:50.33
11	01:29:13.07	00:09:18.03
12	01:38:33.28	00:09:20.21
13	01:48:38.57	00:10:05.29
14	02:00:25.42	00:11:46.85
15	02:07:11.12	00:06:45.70
16	02:14:13.40	00:07:02.28
17	02:22:30.40	00:08:17.00
18	02:31:09.24	00:08:38.84
19	02:39:24.63	00:08:15.39
20	02:48:02.81	00:08:38.18
21	02:56:16.31	00:08:13.50
22	03:03:51.31	00:07:35.00
23	03:11:53.96	00:08:02.65
24	03:22:04.59	00:10:10.63
25	03:31:24.33	00:09:19.74
26	03:41:08.37	00:09:44.04
27	03:51:39.81	00:10:31.44
28	04:04:56.18	00:13:16.37
29	04:11:36.57	00:06:40.39
30	04:18:42.24	00:07:05.67

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
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<u>*</u>	*****	• -
31	04:27:31.40	00:08:49.16
32	04:36:01.51	00:08:30.11
33	04:44:22.34	00:08:20.83
34	04:53:18.44	00:08:56.10
35	05:01:57.14	00:08:38.70
36	05:09:55.81	00:07:58.67
37	05:18:01.55	00:08:05.74
38	05:28:40.71	00:10:39.16
39	05:38:16.28	00:09:35.57
40	05:48:09.05	00:09:52.77
41	05:59:14.62	00:11:05.57
42	06:17:51.18	00:18:36.56
43	06:24:50.79	00:06:59.61
44	06:31:59.78	00:07:08.99
45	06:40:37.99	00:08:38.21
46	06:49:15.05	00:08:37.06
47	06:57:42.92	00:08:27.87
48	07:06:40.46	00:08:57.54
49	07:14:58.09	00:08:17.63
50	07:23:18.00	00:08:19.91

100km	n 100km 一般の部 2024年6月1日(コ		024年6月1日(土)		
No: 007	iochibata				
	集山 侑聖 三口 愛夢 千葉 晃弘 黒木 海音	後藤 朱音	堀越 光 中野 舞 藤本 有理沙		数山 純礼
周回数 トー	ータルタイム	_			
1	00:06:24.54	00:06:24.54			
2	00:14:27.08	00:08:02.54			
3	00:21:57.85	00:07:30.77			
4	00:30:18.25	00:08:20.40			
5	00:38:52.56	00:08:34.31			
6	00:46:39.02	00:07:46.46			
7	00:53:11.18	00:06:32.16			
8	01:03:04.49	00:09:53.31			
9	01:10:37.00	00:07:32.51			
10	01:20:04.77	00:09:27.77			
11	01:27:51.36	00:07:46.59			
12	01:37:19.42	00:09:28.06			
13	01:44:33.31	00:07:13.89			
14	01:53:18.44	00:08:45.13			
15	02:00:38.66	00:07:20.22			
16	02:10:18.70	00:09:40.04			
17	02:19:21.63	00:09:02.93			
18	02:25:50.73	00:06:29.10			
19	02:33:44.83	00:07:54.10			
20	02:42:35.60	00:08:50.77			
21	02:50:47.41	00:08:11.81			
22	02:57:40.0	00:06:52.59			
23	03:06:16.21	00:08:36.21			
24	03:12:59.46	00:06:43.25			
25	03:22:34.61	00:09:35.15			
26	03:30:09.81	00:07:35.20			
27	03:40:19.37	00:10:09.56			
28	03:48:22.24	00:08:02.87			
29	03:58:52.25	00:10:30.01			
30	04:06:00.06	00:07:07.81			

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
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	733 7 7 7 1	7 V VI	17 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
31	04:15:31.78	00:09:31.72	
32	04:23:04.98	00:07:33.20	
33	04:33:03.82	00:09:58.84	
34	04:42:40.13	00:09:36.31	
35	04:48:59.89	00:06:19.76	
36	04:56:58.64	00:07:58.75	
37	05:05:47.52	00:08:48.88	
38	05:14:11.70	00:08:24.18	
39	05:22:01.75	00:07:50.05	
40	05:29:50.87	00:07:49.12	
41	05:36:25.28	00:06:34.41	
42	05:46:14.05	00:09:48.77	
43	05:54:03.68	00:07:49.63	
44	06:02:54.35	00:08:50.67	
45	06:10:38.53	00:07:44.18	
46	06:17:21.65	00:06:43.12	
47	06:26:58.85	00:09:37.20	
48	06:34:37.77	00:07:38.92	
49	06:44:47.99	00:10:10.22	
50	06:55:16.85	00:10:28.86	

100km	100km 一般の部				2024年6月1日(土)
No: 008	宮大ジョク	*			
	和田 将晴		荒川 紗珠音		
	川原 朱琳				
	直野 花香 高橋 沙希	勝田 羅沙 鋤本 達也	大脇 文宏 伊藤 海里	秦 百合子	関口 元太
周回数 ト-		ラップタイム	<b>ア旅 海土</b>		
1	00:09:14.58	00:09:14.58			_
2	00:16:19.49	00:07:04.91			
3	00:23:37.11	00:07:17.62			
4	00:32:05.50	00:08:28.39			
5	00:39:43.98	00:07:38.48			
6	00:51:16.39	00:11:32.41			
7	00:58:49.02	00:07:32.63			
8	01:09:24.62	00:10:35.60			
9	01:17:21.34	00:07:56.72			
10	01:27:17.94	00:09:56.60			
11	01:36:49.73	00:09:31.79			
12	01:44:51.67	00:08:01.94			
13	01:54:12.67	00:09:21.00			
14	02:01:34.18	00:07:21.51			
15	02:12:47.30	00:11:13.12			
16	02:21:14.73	00:08:27.43			
17	02:33:09.05	00:11:54.32			
18	02:43:14.19	00:10:05.14			
19	02:53:31.52	00:10:17.33			
20	03:01:01.53	00:07:30.01			
21	03:08:30.76	00:07:29.23			
22	03:17:03.01	00:08:32.25			
23	03:24:58.38	00:07:55.37			
24	03:32:07.74	00:07:09.36			
25	03:39:53.39	00:07:45.65			
26	03:47:59.57	00:08:06.18			
27	03:55:22.75	00:07:23.18			
28	04:02:52.28	00:07:29.53			
29	04:11:29.59	00:08:37.31			
30	04:23:34.34	00:12:04.75			

<b>■チ</b> —.	/, 민	<b> =,</b> ,	プタン	11.1	コト
	ДД ЛІІ	1 1 2	ノン・ブー		

		33 7 7 7 1 -	7731	***	 • •
•	31	04:32:45.42	00:09:11.08		
	32	04:43:26.06	00:10:40.64		
	33	04:51:09.09	00:07:43.03		
	34	05:01:27.06	00:10:17.97		
	35	05:09:37.15	00:08:10.09		
	36	05:17:02.30	00:07:25.15		
	37	05:24:34.85	00:07:32.55		
	38	05:37:34.78	00:12:59.93		
	39	05:45:21.21	00:07:46.43		
	40	05:54:48.92	00:09:27.71		
	41	06:03:39.62	00:08:50.70		
	42	06:12:42.49	00:09:02.87		
	43	06:19:50.47	00:07:07.98		
	44	06:27:25.79	00:07:35.32		
	45	06:35:05.20	00:07:39.41		
	46	06:42:35.93	00:07:30.73		
	47	06:51:53.77	00:09:17.84		
	48	06:59:58.06	00:08:04.29		
	49	07:07:38.01	00:07:39.95		
	50	07:17:33.45	00:09:55.44		

100km 100km 一般の部

No: 009

竜司と愉快な仲間たち

2024年6月1日(土)

 末吉 孝太郎
 大山 竜司
 園田 美香
 園田 怜央
 橋 英

 飯尾 七菜
 牧田 幸二
 平原 正博
 横田 英士
 福岡 達也

 児玉 瑞宣
 木下 大輔
 徳永 怜央
 日高 啓人

周回数	トータルタイム	ラップタイム
1	00:06:29.15	00:06:29.15
2	00:13:16.16	00:06:47.01
3	00:20:06.07	00:06:49.91
4	00:28:46.96	00:08:40.89
5	00:36:38.19	00:07:51.23
6	00:44:43.44	00:08:05.25
7	00:52:24.83	00:07:41.39
8	01:01:03.52	00:08:38.69
9	01:09:04.77	00:08:01.25
10	01:16:31.40	00:07:26.63
11	01:24:47.35	00:08:15.95
12	01:33:46.50	00:08:59.15
13	01:40:54.46	00:07:07.96
14	01:48:59.66	00:08:05.20
15	01:57:08.41	00:08:08.75
16	02:03:42.33	00:06:33.92
17	02:10:10.84	00:06:28.51
18	02:18:57.53	00:08:46.69
19	02:26:54.66	00:07:57.13
20	02:34:38.20	00:07:43.54
21	02:42:43.02	00:08:04.82
22	02:52:04.24	00:09:21.22
23	03:00:15.06	00:08:10.82
24	03:07:39.33	00:07:24.27
25	03:16:04.59	00:08:25.26
26	03:25:14.87	00:09:10.28
27	03:32:43.42	00:07:28.55
28	03:41:00.70	00:08:17.28
29	03:49:43.35	00:08:42.65
30	03:55:54.39	00:06:11.04

<b>■チ</b> —.	人 別 =	ラップ	タイル	、リス	<b>L</b>
	<del></del>	, , ,	A -	<b>-</b> / / \	

<u> </u>		7 1
31	04:04:37.46	00:08:43.07
32	04:12:33.56	00:07:56.10
33	04:20:36.43	00:08:02.87
34	04:29:24.75	00:08:48.32
35	04:39:10.12	00:09:45.37
36	04:47:27.68	00:08:17.56
37	04:55:05.46	00:07:37.78
38	05:03:32.91	00:08:27.45
39	05:13:03.80	00:09:30.89
40	05:20:25.25	00:07:21.45
41	05:28:35.34	00:08:10.09
42	05:35:35.91	00:07:00.57
43	05:44:23.01	00:08:47.10
44	05:51:52.47	00:07:29.46
45	05:59:55.27	00:08:02.80
46	06:08:02.94	00:08:07.67
47	06:15:29.11	00:07:26.17
48	06:21:39.47	00:06:10.36
49	06:28:50.24	00:07:10.77
50	06:37:07.60	00:08:17.36

100km 100km 一般の部 2024年6月1日(土)

No: 010 チームSUM

セトヤマ オサ 後迫 貴光 三輪 大祐

周回数	トータルタイム	ラップタイム	
1	00:07:27.58	00:07:27.58	
2	00:16:50.46	00:09:22.88	
3	00:27:06.46	00:10:16.00	
4	00:35:27.84	00:08:21.38	
5	00:45:01.37	00:09:33.53	
6	00:55:21.70	00:10:20.33	
7	01:03:33.15	00:08:11.45	
8	01:13:44.21	00:10:11.06	
9	01:23:58.95	00:10:14.74	
10	01:32:14.74	00:08:15.79	
11	01:42:28.40	00:10:13.66	
12	01:52:55.92	00:10:27.52	
13	02:01:14.52	00:08:18.60	
14	02:11:56.34	00:10:41.82	
15	02:22:35.14	00:10:38.80	
16	02:30:42.06	00:08:06.92	
17	02:42:20.66	00:11:38.60	
18	02:51:00.0	00:08:39.34	
19	03:01:33.03	00:10:33.03	
20	03:15:08.46	00:13:35.43	
21	03:25:57.28	00:10:48.82	
22	03:34:27.50	00:08:30.22	
23	03:45:08.23	00:10:40.74	
24	03:53:41.59	00:08:33.35	
25	04:04:19.65	00:10:38.06	
26	04:13:04.79	00:08:45.14	
27	04:24:20.89	00:11:16.10	
28	04:33:20.40	00:08:59.51	
29	04:45:18.64	00:11:58.25	
30	04:54:19.21	00:09:00.56	

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

<u> </u>		-	
31	05:07:26.65	00:13:07.44	
32	05:16:57.28	00:09:30.63	
33	05:30:05.32	00:13:08.04	
34	05:40:14.14	00:10:08.82	
35	05:57:04.58	00:16:50.45	
36	06:07:06.08	00:10:01.49	
37	06:17:00.68	00:09:54.60	
38	06:31:39.04	00:14:38.36	
39	06:42:16.85	00:10:37.81	
40	06:55:00.64	00:12:43.79	
41	07:05:50.73	00:10:50.09	
42	07:18:25.45	00:12:34.72	
43	07:29:21.80	00:10:56.35	
44	07:41:49.23	00:12:27.43	
45	07:53:08.56	00:11:19.33	
46	08:05:34.66	00:12:26.10	
47	08:15:41.39	00:10:06.73	
48	08:28:18.76	00:12:37.37	
49	08:38:30.37	00:10:11.61	
50	08:50:27.71	00:11:57.34	

100km 100km 一般の部

2024年6月1日(土)

No: 011 ラントリ宮崎

西ノ原 かおり 佐川 泰之 森 崇泰 原 律子 宮崎 修一郎 岩﨑 一幸 久永 清美 日高 憲一 村岡 忠俊 黒木 玲香

猪野 和子

1 2 3 4 5 6 7 8 9	00:06:55.18 00:13:53.77 00:23:04.69 00:30:35.98 00:40:04.79 00:48:40.19 00:57:48.07 01:05:59.22	00:06:55.18 00:06:58.59 00:09:10.92 00:07:31.29 00:09:28.81 00:08:35.40 00:09:07.88	
3 4 5 6 7 8	00:23:04.69 00:30:35.98 00:40:04.79 00:48:40.19 00:57:48.07 01:05:59.22	00:09:10.92 00:07:31.29 00:09:28.81 00:08:35.40 00:09:07.88	
4 5 6 7 8	00:30:35.98 00:40:04.79 00:48:40.19 00:57:48.07 01:05:59.22	00:07:31.29 00:09:28.81 00:08:35.40 00:09:07.88	
5 6 7 8	00:40:04.79 00:48:40.19 00:57:48.07 01:05:59.22	00:09:28.81 00:08:35.40 00:09:07.88	
6 7 8	00:48:40.19 00:57:48.07 01:05:59.22	00:08:35.40 00:09:07.88	
7 8	00:57:48.07 01:05:59.22	00:09:07.88	
8	01:05:59.22		
9		00:08:11.15	
	01:19:00.33	00:13:01.11	
10	01:28:53.33	00:09:53.00	
11	01:38:20.20	00:09:26.87	
12	01:45:50.30	00:07:30.10	
13	01:53:18.05	00:07:27.75	
14	02:01:27.01	00:08:08.96	
15	02:10:48.62	00:09:21.61	
16	02:18:10.43	00:07:21.81	
17	02:27:38.78	00:09:28.35	
18	02:36:11.05	00:08:32.27	
19	02:45:17.66	00:09:06.61	
20	02:53:40.52	00:08:22.86	
21	03:02:45.15	00:09:04.63	
22	03:12:24.65	00:09:39.50	
23	03:19:50.68	00:07:26.03	
24	03:27:27.92	00:07:37.24	
25	03:36:46.87	00:09:18.95	
26	03:44:13.63	00:07:26.76	
27	03:53:50.85	00:09:37.22	
28	04:02:27.55	00:08:36.70	
29	04:11:41.01	00:09:13.46	
30	04:20:06.49	00:08:25.48	

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

	1733 7 7 7 1	7 7 71	17 17 17 17 17 17 17 17 17 17 17 17 17 1
31	04:28:49.42	00:08:42.93	
32	04:38:37.96	00:09:48.54	
33	04:46:03.16	00:07:25.20	
34	04:53:29.14	00:07:25.98	
35	05:02:43.64	00:09:14.50	
36	05:10:48.22	00:08:04.58	
37	05:20:24.40	00:09:36.18	
38	05:29:03.54	00:08:39.14	
39	05:38:13.61	00:09:10.07	
40	05:46:21.28	00:08:07.67	
41	05:56:49.92	00:10:28.64	
42	06:04:15.77	00:07:25.85	
43	06:11:30.46	00:07:14.69	
44	06:20:43.29	00:09:12.83	
45	06:28:16.94	00:07:33.65	
46	06:38:00.11	00:09:43.17	
47	06:46:36.01	00:08:35.90	
48	06:55:45.94	00:09:09.93	
49	07:04:04.56	00:08:18.62	
50	07:12:02.15	00:07:57.59	

100km 100km 一般の部

No: 012

JAみ宮中らんな一ず

2024年6月1日(土)

久嶋 勝則持原 善博島袋 萌浜田 恭平緒方 義彦柴田 和也籾木 翔太朗横山 圭輔横山 旺佑

周回数	トータルタイム	ラップタイム
1	00:08:16.46	00:08:16.46
2	00:17:44.11	00:09:27.65
3	00:25:58.17	00:08:14.06
4	00:34:00.35	00:08:02.18
5	00:43:21.44	00:09:21.09
6	00:52:20.54	00:08:59.10
7	01:01:03.47	00:08:42.93
8	01:09:16.11	00:08:12.64
9	01:18:25.54	00:09:09.43
10	01:28:08.30	00:09:42.76
11	01:36:26.86	00:08:18.56
12	01:44:44.71	00:08:17.85
13	01:53:52.52	00:09:07.81
14	02:03:12.37	00:09:19.85
15	02:12:32.29	00:09:19.92
16	02:21:10.63	00:08:38.34
17	02:30:10.05	00:08:59.42
18	02:39:43.32	00:09:33.27
19	02:48:08.11	00:08:24.79
20	02:56:26.06	00:08:17.95
21	03:04:43.05	00:08:16.99
22	03:14:08.85	00:09:25.80
23	03:23:05.80	00:08:56.95
24	03:31:25.22	00:08:19.42
25	03:40:45.85	00:09:20.63
26	03:49:18.57	00:08:32.72
27	03:58:20.42	00:09:01.85
28	04:08:15.01	00:09:54.59
29	04:16:42.72	00:08:27.71
30	04:25:06.67	00:08:23.95

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

	77377777	7 * *1	
31	04:33:37.59	00:08:30.92	
32	04:43:29.38	00:09:51.79	
33	04:53:00.49	00:09:31.11	
34	05:02:48.77	00:09:48.28	
35	05:11:28.72	00:08:39.95	
36	05:20:04.25	00:08:35.53	
37	05:29:38.26	00:09:34.01	
38	05:39:51.69	00:10:13.43	
39	05:48:33.78	00:08:42.09	
40	05:57:01.05	00:08:27.27	
41	06:07:13.51	00:10:12.46	
42	06:17:07.59	00:09:54.08	
43	06:27:02.86	00:09:55.27	
44	06:35:57.83	00:08:54.97	
45	06:44:58.19	00:09:00.36	
46	06:54:23.04	00:09:24.85	
47	07:04:35.33	00:10:12.29	
48	07:13:01.49	00:08:26.16	
49	07:21:23.36	00:08:21.87	
50	07:30:08.97	00:08:45.61	

100km 100km 一般の部

2024年6月1日(土)

No: 013 人生下り坂サイコー!

一政 恵美子岩松 春輝甲斐 清章甲斐 恵木下 典子黒木 伊織黒木 健一郎黒木 智美黒木 光芳土田 佳代

寺田 洋子 平塚 義輝 平野 克樹 水永 弘満

周回数	トータルタイム	ラップタイム	
1	00:07:15.03	00:07:15.03	
2	00:15:29.07	00:08:14.04	
3	00:23:11.99	00:07:42.92	
4	00:30:56.72	00:07:44.73	
5	00:38:15.23	00:07:18.51	
6	00:45:55.36	00:07:40.13	
7	00:55:35.58	00:09:40.22	
8	01:09:00.15	00:13:24.57	
9	01:19:34.58	00:10:34.43	
10	01:29:40.39	00:10:05.81	
11	01:41:05.05	00:11:24.66	
12	01:51:13.55	00:10:08.50	
13	01:59:27.39	00:08:13.84	
14	02:06:52.16	00:07:24.77	
15	02:15:13.12	00:08:20.96	
16	02:23:00.80	00:07:47.68	
17	02:30:45.01	00:07:44.21	
18	02:37:40.10	00:06:55.09	
19	02:45:30.36	00:07:50.26	
20	02:53:38.25	00:08:07.89	
21	03:03:53.61	00:10:15.36	
22	03:14:00.08	00:10:06.47	
23	03:24:13.89	00:10:13.81	
24	03:32:37.90	00:08:24.01	
25	03:44:03.98	00:11:26.08	
26	03:54:42.46	00:10:38.48	
27	04:02:35.43	00:07:52.97	
28	04:11:10.88	00:08:35.45	
29	04:19:00.25	00:07:49.37	
30	04:26:46.96	00:07:46.71	

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

- 7/13	77771-7	/ <b>* * 1</b>	***	<u> </u>
31	04:33:52.95	00:07:05.99		
32	04:41:38.89	00:07:45.94		
33	04:49:46.63	00:08:07.74		
34	04:59:49.50	00:10:02.87		
35	05:10:10.58	00:10:21.08		
36	05:18:22.17	00:08:11.59		
37	05:26:46.81	00:08:24.64		
38	05:35:30.02	00:08:43.21		
39	05:43:22.74	00:07:52.72		
40	05:51:09.30	00:07:46.56		
41	05:58:17.16	00:07:07.86		
42	06:06:18.84	00:08:01.68		
43	06:14:21.31	00:08:02.47		
44	06:22:24.32	00:08:03.01		
45	06:31:06.48	00:08:42.16		
46	06:39:04.84	00:07:58.36		
47	06:46:49.61	00:07:44.77		
48	06:53:45.00	00:06:55.39		
49	07:01:36.14	00:07:51.14		
50	07:11:48.36	00:10:12.22		

100km 100km 一般の部

No: 014

宮崎県人弐年目

2024年6月1日(土)

高嶋 晃成中平 竜雅西森 祥大押領司 祥宮崎 怜士郎松木 孝仁松本 圭司

周回数	トータルタイム	ラップタイム	
1	00:08:14.20	00:08:14.20	
2	00:17:04.28	00:08:50.08	
3	00:24:33.82	00:07:29.54	
4	00:32:22.91	00:07:49.09	
5	00:39:57.77	00:07:34.86	
6	00:48:20.85	00:08:23.08	
7	00:55:48.75	00:07:27.90	
8	01:04:27.90	00:08:39.15	
9	01:13:12.51	00:08:44.61	
10	01:21:50.62	00:08:38.11	
11	01:29:11.59	00:07:20.97	
12	01:37:52.06	00:08:40.47	
13	01:45:42.41	00:07:50.35	
14	01:54:39.37	00:08:56.96	
15	02:02:02.19	00:07:22.82	
16	02:10:57.10	00:08:54.91	
17	02:20:01.16	00:09:04.05	
18	02:28:33.39	00:08:32.23	
19	02:36:40.66	00:08:07.27	
20	02:45:11.52	00:08:30.86	
21	02:52:59.66	00:07:48.14	
22	03:02:00.53	00:09:00.87	
23	03:10:20.42	00:08:19.89	
24	03:19:38.57	00:09:18.15	
25	03:29:33.47	00:09:54.90	
26	03:37:58.42	00:08:24.95	
27	03:46:02.45	00:08:04.03	
28	03:54:54.98	00:08:52.53	
29	04:02:47.46	00:07:52.48	
30	04:12:00.61	00:09:13.15	

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

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31	04:22:04.77	00:10:04.16	
32	04:32:14.73	00:10:09.96	
33	04:40:43.02	00:08:28.29	
34	04:49:01.03	00:08:18.01	
35	04:56:53.27	00:07:52.24	
36	05:05:52.95	00:08:59.68	
37	05:15:54.52	00:10:01.57	
38	05:28:09.37	00:12:14.85	
39	05:38:34.77	00:10:25.40	
40	05:47:22.98	00:08:48.21	
41	05:56:24.84	00:09:01.86	
42	06:07:49.07	00:11:24.23	
43	06:18:30.00	00:10:40.93	
44	06:32:12.35	00:13:42.35	
45	06:43:18.75	00:11:06.40	
46	06:52:07.18	00:08:48.43	
47	07:02:58.04	00:10:50.86	
48	07:12:02.07	00:09:04.03	
49	07:22:27.24	00:10:25.17	
50	07:33:04.17	00:10:36.93	

100km 100km 一般の部

2024年6月1日(土)

No: 015 & 走ろう会

 川脇 俊夫
 押川 聡子
 朝稲 一生
 山田 真義
 新名 博徳

 川邊 一仁
 土原 雅司
 吉田 純平
 木崎 亮
 都原 誠一

湯浅 顕太郎

周回数	トータルタイム	ラップタイム	
1	00:07:50.50	00:07:50.50	
2	00:16:57.47	00:09:06.97	
3	00:25:24.08	00:08:26.61	
4	00:33:10.16	00:07:46.08	
5	00:40:07.12	00:06:56.96	
6	00:46:54.85	00:06:47.73	
7	00:53:58.13	00:07:03.28	
8	01:01:21.46	00:07:23.33	
9	01:09:27.95	00:08:06.49	
10	01:19:06.74	00:09:38.79	
11	01:27:16.65	00:08:09.91	
12	01:36:00.72	00:08:44.07	
13	01:44:41.76	00:08:41.04	
14	01:52:41.72	00:07:59.96	
15	01:59:32.70	00:06:50.98	
16	02:06:20.27	00:06:47.57	
17	02:13:28.71	00:07:08.44	
18	02:20:43.28	00:07:14.57	
19	02:28:52.58	00:08:09.30	
20	02:39:43.15	00:10:50.57	
21	02:49:27.29	00:09:44.14	
22	02:57:40.61	00:08:13.32	
23	03:06:19.89	00:08:39.28	
24	03:14:14.05	00:07:54.16	
25	03:23:09.65	00:08:55.60	
26	03:30:04.63	00:06:54.98	
27	03:36:51.19	00:06:46.56	
28	03:44:03.52	00:07:12.33	
29	03:51:26.60	00:07:23.08	
30	03:59:40.37	00:08:13.77	

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

<u> </u>		F * **
31	04:11:18.71	00:11:38.34
32	04:21:01.05	00:09:42.34
33	04:29:19.87	00:08:18.82
34	04:38:41.07	00:09:21.20
35	04:47:37.89	00:08:56.82
36	04:55:51.74	00:08:13.85
37	05:02:28.11	00:06:36.37
38	05:09:58.0	00:07:29.89
39	05:17:37.25	00:07:39.25
40	05:27:12.44	00:09:35.19
41	05:35:34.13	00:08:21.69
42	05:44:08.42	00:08:34.29
43	05:53:18.98	00:09:10.56
44	06:02:25.46	00:09:06.48
45	06:15:10.91	00:12:45.45
46	06:21:56.58	00:06:45.67
47	06:28:39.74	00:06:43.16
48	06:36:57.02	00:08:17.28
49	06:45:07.75	00:08:10.73
50	06:53:26.02	00:08:18.27

# ■チーム別ラップタイムリスト

第11回宮崎100kmリレーマラソン

100km 100km 一般の部 2024年6月1日(土)

No: 016 GUROSUTA

入木 辰也 岩切 隆紀 松崎 飛鳥 松崎 琴美 殿所 真衣

周回数	トータルタイム	ラップタイム	
1	00:07:43.66	00:07:43.66	
2	00:15:05.05	00:07:21.39	
3	00:24:01.00	00:08:55.95	
4	00:34:24.89	00:10:23.89	
5	00:46:22.36	00:11:57.47	
6	00:55:18.34	00:08:55.98	
7	01:03:13.17	00:07:54.84	
8	01:12:23.41	00:09:10.23	
9	01:21:52.54	00:09:29.13	
10	01:32:43.52	00:10:50.98	
11	01:43:21.26	00:10:37.74	
12	01:56:26.22	00:13:04.96	
13	02:05:20.61	00:08:54.39	
14	02:12:49.33	00:07:28.72	
15	02:23:10.83	00:10:21.50	
16	02:34:05.42	00:10:54.59	
17	02:47:29.93	00:13:24.51	
18	02:56:13.42	00:08:43.49	
19	03:03:43.18	00:07:29.76	
20	03:12:20.93	00:08:37.75	
21	03:20:02.02	00:07:41.09	
22	03:32:09.24	00:12:07.22	
23	03:43:15.75	00:11:06.51	
24	03:56:33.80	00:13:18.05	
25	04:05:34.61	00:09:00.81	
26	04:13:18.17	00:07:43.56	
27	04:22:21.08	00:09:02.91	
28	04:30:08.18	00:07:47.10	
29	04:41:29.74	00:11:21.56	
30	04:55:28.60	00:13:58.86	

<b>■チ</b> —.	人 別 =	ラップ	タイル	、リス	<b>L</b>
	<del></del>	, , ,	A -	<b>-</b> / / \	

<del>-</del>	*****	* -	
31	05:04:40.35	00:09:11.75	
32	05:12:35.98	00:07:55.63	
33	05:21:32.60	00:08:56.62	
34	05:29:47.88	00:08:15.28	
35	05:40:39.88	00:10:52.00	
36	05:56:39.27	00:15:59.39	
37	06:07:20.09	00:10:40.82	
38	06:16:37.33	00:09:17.24	
39	06:24:32.37	00:07:55.04	
40	06:33:46.22	00:09:13.85	
41	06:41:57.84	00:08:11.62	
42	06:53:42.82	00:11:44.98	
43	07:03:41.01	00:09:58.19	
44	07:18:31.85	00:14:50.84	
45	07:28:14.56	00:09:42.71	
46	07:36:22.42	00:08:07.86	
47	07:48:19.66	00:11:57.24	
48	08:04:29.16	00:16:09.50	
49	08:15:20.87	00:10:51.71	
50	08:23:48.76	00:08:27.89	

# ■チーム別ラップタイムリスト

第11回宮崎100kmリレーマラソン

100km 100km 一般の部

設の部 2024年6月1日(土)

No: 017 児湯郡陸協

新藤 将太 松木 祐樹 小川 暁子 黒木 太一

周回数	トータルタイム	ラップタイム	
1	00:05:33.69	00:05:33.69	
2	00:11:42.10	00:06:08.41	
3	00:18:20.60	00:06:38.50	
4	00:24:44.24	00:06:23.64	
5	00:30:59.29	00:06:15.05	
6	00:37:25.15	00:06:25.86	
7	00:44:22.57	00:06:57.42	
8	00:51:09.90	00:06:47.33	
9	00:57:24.83	00:06:14.93	
10	01:03:49.22	00:06:24.39	
11	01:10:43.23	00:06:54.01	
12	01:17:28.54	00:06:45.31	
13	01:23:36.30	00:06:07.76	
14	01:29:55.45	00:06:19.15	
15	01:36:46.69	00:06:51.24	
16	01:43:44.53	00:06:57.84	
17	01:49:50.81	00:06:06.28	
18	01:56:17.26	00:06:26.45	
19	02:03:07.97	00:06:50.71	
20	02:10:00.88	00:06:52.91	
21	02:16:07.99	00:06:07.11	
22	02:22:28.89	00:06:20.90	
23	02:29:13.12	00:06:44.23	
24	02:35:54.87	00:06:41.75	
25	02:42:00.67	00:06:05.80	
26	02:48:28.80	00:06:28.13	
27	02:55:11.88	00:06:43.08	
28	03:02:12.85	00:07:00.97	
29	03:08:16.56	00:06:03.71	
30	03:14:41.71	00:06:25.15	

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

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31	03:21:17.68	00:06:35.97	
32	03:28:12.63	00:06:54.95	
33	03:34:30.67	00:06:18.04	
34	03:41:14.39	00:06:43.72	
35	03:47:57.61	00:06:43.22	
36	03:55:17.66	00:07:20.05	
37	04:01:29.87	00:06:12.21	
38	04:08:03.28	00:06:33.41	
39	04:14:46.86	00:06:43.58	
40	04:21:40.01	00:06:53.15	
41	04:27:57.40	00:06:17.39	
42	04:34:28.36	00:06:30.96	
43	04:41:19.89	00:06:51.53	
44	04:48:22.88	00:07:02.99	
45	04:54:41.76	00:06:18.88	
46	05:01:06.65	00:06:24.89	
47	05:07:37.25	00:06:30.60	
48	05:14:32.08	00:06:54.83	
49	05:20:52.56	00:06:20.48	
50	05:27:08.63	00:06:16.07	

# ■チーム別ラップタイムリスト

第11回宮崎100kmリレーマラソン

100km 100km 一般の部 2024年6月1日(土)

No: 018 熟男(うれだん)

川西 幸広 佐藤 拓巨 中島 史晃 池尻 巧 石本 衛岬丸

周回数	トータルタイム	ラップタイム
1	00:06:45.45	00:06:45.45
2	00:14:35.33	00:07:49.88
3	00:21:29.93	00:06:54.60
4	00:30:09.21	00:08:39.28
5	00:39:14.28	00:09:05.07
6	00:46:17.93	00:07:03.65
7	00:53:52.71	00:07:34.78
8	01:01:11.58	00:07:18.87
9	01:10:07.54	00:08:55.96
10	01:19:20.63	00:09:13.09
11	01:26:20.05	00:06:59.42
12	01:33:46.87	00:07:26.82
13	01:40:52.38	00:07:05.51
14	01:50:20.38	00:09:28.00
15	01:59:50.74	00:09:30.36
16	02:07:01.78	00:07:11.04
17	02:15:09.63	00:08:07.85
18	02:22:38.02	00:07:28.39
19	02:32:13.91	00:09:35.89
20	02:41:41.16	00:09:27.25
21	02:49:10.79	00:07:29.63
22	02:56:39.11	00:07:28.32
23	03:04:59.58	00:08:20.47
24	03:13:21.81	00:08:22.23
25	03:21:12.55	00:07:50.74
26	03:30:48.35	00:09:35.80
27	03:40:31.12	00:09:42.77
28	03:47:51.26	00:07:20.14
29	03:55:29.31	00:07:38.05
30	04:04:15.32	00:08:46.01

<b>■チ</b> —.	人 別 =	ラップ	タイル	、リス	K
	<del></del>	, , ,	<i></i>	-/-	

		パンフングーー	7731	33.111.31.00	
•	31	04:14:11.71	00:09:56.39		
	32	04:23:47.68	00:09:35.97		
	33	04:31:10.32	00:07:22.64		
	34	04:39:16.57	00:08:06.25		
	35	04:47:00.46	00:07:43.89		
	36	04:57:29.16	00:10:28.70		
	37	05:07:02.12	00:09:32.96		
	38	05:14:41.03	00:07:38.91		
	39	05:23:06.58	00:08:25.55		
	40	05:30:50.64	00:07:44.06		
	41	05:41:38.24	00:10:47.60		
	42	05:51:41.43	00:10:03.19		
	43	06:00:11.25	00:08:29.82		
	44	06:09:36.53	00:09:25.28		
	45	06:17:51.40	00:08:14.87		
	46	06:29:09.12	00:11:17.72		
	47	06:39:14.19	00:10:05.07		
	48	06:47:34.77	00:08:20.58		
	49	06:59:58.75	00:12:23.98		
	50	07:09:44.68	00:09:45.93		

## ■チーム別ラップタイムリスト

第11回宮崎100kmリレーマラソン

100km 100km 一般の部 2024年6月1日(土)

No: 019 酒雑魚くん

 松田 岳
 村永 遥祐
 蛯原 隼
 西村 宗祐
 三森 湧太

 小薄 星哉
 津乗 菜々音
 大塚 果奈
 西村 佳祐
 岩崎 紗綾

周回数	トータルタイム	ラップタイム	
1	00:06:41.61	00:06:41.61	
2	00:14:50.69	00:08:09.08	
3	00:23:02.45	00:08:11.76	
4	00:31:14.17	00:08:11.72	
5	00:39:06.66	00:07:52.49	
6	00:47:27.36	00:08:20.70	
7	00:56:43.99	00:09:16.63	
8	01:06:26.74	00:09:42.75	
9	01:16:35.87	00:10:09.13	
10	01:23:42.98	00:07:07.11	
11	01:33:36.75	00:09:53.77	
12	01:42:31.56	00:08:54.81	
13	01:50:58.58	00:08:27.02	
14	01:59:02.49	00:08:03.91	
15	02:07:01.00	00:07:58.51	
16	02:16:18.66	00:09:17.66	
17	02:26:01.10	00:09:42.44	
18	02:36:46.85	00:10:45.75	
19	02:48:02.16	00:11:15.31	
20	02:55:58.23	00:07:56.07	
21	03:03:41.27	00:07:43.04	
22	03:12:36.95	00:08:55.68	
23	03:21:44.56	00:09:07.61	
24	03:30:25.39	00:08:40.83	
25	03:38:26.54	00:08:01.15	
26	03:47:55.84	00:09:29.30	
27	03:57:44.30	00:09:48.46	
28	04:08:30.89	00:10:46.59	
29	04:19:22.66	00:10:51.77	
30	04:27:33.26	00:08:10.60	

<b>■チ</b> —.	人別ラ	ップタン	<b>4 /</b> (1.	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

	1/33 2 2 2 1 1	7 + +1	
31	04:36:43.94	00:09:10.68	
32	04:45:55.04	00:09:11.10	
33	04:54:43.40	00:08:48.36	
34	05:02:18.14	00:07:34.74	
35	05:10:21.95	00:08:03.81	
36	05:19:59.93	00:09:37.98	
37	05:29:53.90	00:09:53.97	
38	05:41:48.86	00:11:54.96	
39	05:53:20.66	00:11:31.80	
40	06:02:19.11	00:08:58.45	
41	06:11:31.48	00:09:12.37	
42	06:20:14.67	00:08:43.19	
43	06:29:08.35	00:08:53.68	
44	06:37:09.48	00:08:01.13	
45	06:47:22.55	00:10:13.07	
46	06:57:28.35	00:10:05.80	
47	07:09:31.51	00:12:03.16	
48	07:21:04.54	00:11:33.03	
49	07:29:33.80	00:08:29.26	
50	07:39:03.69	00:09:29.89	

100km 100km 一般の部 2024年6月1日(土)

No: 020 KMC

前田 秀高 河野 翔平 海野 美貴 塩月 尊志 瀬尾 紘樹 安藤 優二郎 川越 稔紘 黒木 翔太 安藤 笑実 山田 翔太

今西 雄大 斎藤 大地 黒木 正志 湯川 大介

周回数	トータルタイム	ラップタイム
1	00:08:00.29	00:08:00.29
2	00:17:13.30	00:09:13.01
3	00:26:14.10	00:09:00.80
4	00:34:46.26	00:08:32.16
5	00:44:34.63	00:09:48.37
6	00:54:03.32	00:09:28.69
7	01:02:42.95	00:08:39.63
8	01:12:20.34	00:09:37.39
9	01:22:15.31	00:09:54.97
10	01:31:25.88	00:09:10.57
11	01:40:01.03	00:08:35.15
12	01:50:53.54	00:10:52.51
13	02:00:35.28	00:09:41.74
14	02:10:17.65	00:09:42.37
15	02:18:51.50	00:08:33.85
16	02:29:03.57	00:10:12.07
17	02:39:33.85	00:10:30.28
18	02:47:07.77	00:07:33.92
19	02:58:54.95	00:11:47.18
20	03:07:09.15	00:08:14.20
21	03:17:26.72	00:10:17.57
22	03:25:55.52	00:08:28.80
23	03:38:07.35	00:12:11.83
24	03:46:43.37	00:08:36.02
25	03:58:30.88	00:11:47.51
26	04:06:57.05	00:08:26.17
27	04:16:46.00	00:09:48.95
28	04:27:15.81	00:10:29.81
29	04:35:36.72	00:08:20.91
30	04:43:56.12	00:08:19.40

<b>■チ</b> —.	人別ラ	ップタン	<b>4 /</b> (1.	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

	1733 7 7 7 1	7 - 11	
31	04:53:33.69	00:09:37.57	
32	05:03:36.52	00:10:02.83	
33	05:11:46.91	00:08:10.39	
34	05:22:51.24	00:11:04.33	
35	05:35:56.90	00:13:05.66	
36	05:50:30.74	00:14:33.84	
37	06:02:27.33	00:11:56.59	
38	06:13:04.68	00:10:37.35	
39	06:23:02.50	00:09:57.82	
40	06:37:15.58	00:14:13.08	
41	06:45:51.35	00:08:35.77	
42	06:56:17.94	00:10:26.59	
43	07:07:00.36	00:10:42.42	
44	07:18:51.58	00:11:51.22	
45	07:30:01.17	00:11:09.59	
46	07:38:27.22	00:08:26.05	
47	07:48:57.43	00:10:30.21	
48	07:57:03.88	00:08:06.45	
49	08:05:46.23	00:08:42.35	
50	08:16:29.14	00:10:42.91	

松井 武

2024年6月1日(土)

100km 100km 一般の部

No: 021

ワウディーマラソン部

川﨑 彩加 本田 祐未 古岡 聖也村田 裕之 諸井 潤一郎 長谷川 裕

 倉永 茜
 森 直子

 横山 辰美
 横山 由香

岡 純輝

周回数	トータルタイム	ラップタイム
1	00:07:32.63	00:07:32.63
2	00:17:10.47	00:09:37.84
3	00:25:07.52	00:07:57.05
4	00:33:55.28	00:08:47.76
5	00:44:30.91	00:10:35.63
6	00:52:57.33	00:08:26.42
7	01:00:25.13	00:07:27.80
8	01:09:38.34	00:09:13.21
9	01:19:25.44	00:09:47.10
10	01:27:24.76	00:07:59.32
11	01:36:00.47	00:08:35.71
12	01:43:47.03	00:07:46.56
13	01:53:25.16	00:09:38.13
14	02:01:16.0	00:07:50.84
15	02:10:15.65	00:08:59.65
16	02:21:14.60	00:10:58.95
17	02:30:02.08	00:08:47.48
18	02:37:27.59	00:07:25.51
19	02:46:49.67	00:09:22.08
20	02:55:24.24	00:08:34.57
21	03:05:08.61	00:09:44.37
22	03:13:26.19	00:08:17.58
23	03:20:44.32	00:07:18.13
24	03:30:26.84	00:09:42.52
25	03:38:19.72	00:07:52.88
26	03:48:53.68	00:10:33.96
27	03:57:54.41	00:09:00.73
28	04:09:00.22	00:11:05.81
29	04:17:34.34	00:08:34.12
30	04:25:03.22	00:07:28.88

<b>■チ</b> —.	人別ラ	ップタン	<b>4 /</b> (1.	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

<u> </u>		¥ * * * *
31	04:34:28.73	00:09:25.51
32	04:43:22.74	00:08:54.01
33	04:53:15.84	00:09:53.10
34	05:01:44.29	00:08:28.45
35	05:09:02.99	00:07:18.70
36	05:19:37.55	00:10:34.56
37	05:27:39.04	00:08:01.49
38	05:38:25.45	00:10:46.41
39	05:47:43.91	00:09:18.46
40	05:59:06.42	00:11:22.51
41	06:08:04.52	00:08:58.10
42	06:17:36.81	00:09:32.29
43	06:26:28.40	00:08:51.59
44	06:35:32.0	00:09:03.60
45	06:44:52.45	00:09:20.45
46	06:55:49.33	00:10:56.88
47	07:05:11.02	00:09:21.69
48	07:14:14.55	00:09:03.53
49	07:21:29.95	00:07:15.40
50	07:29:34.16	00:08:04.21

100km	<u>ユ加フツフライム:</u> 100km 一般の	_		2	2024年6月1日(土)
No: 02		MaraPagno			
	小野 正人 平野 秀一 領下 友里佳 本田 望	甲斐 佑太 伴 尚		佐川 史紘 重永 真緒 齊藤 礼哉 立石 海人	
周回数	トータルタイム	ラップタイム			
1	00:09:18.63	00:09:18.63			
2	00:17:48.63	00:08:30.00			
3	00:24:53.25	00:07:04.62			
4	00:32:39.21	00:07:45.96			
5	00:44:09.84	00:11:30.63			
6	00:52:54.23	00:08:44.39			
7	01:01:53.21	00:08:58.98			
8	01:13:00.42	00:11:07.21			
9	01:23:25.06	00:10:24.64			
10	01:32:29.11	00:09:04.05			
11	01:39:40.86	00:07:11.75			
12	01:51:46.35	00:12:05.49			
13	02:00:57.21	00:09:10.86			
14	02:11:41.22	00:10:44.01			
15	02:19:41.21	00:07:59.99			
16	02:29:53.00	00:10:11.79			
17	02:43:10.96	00:13:17.96			
18	02:52:55.88	00:09:44.92			
19	03:03:07.96	00:10:12.08			
20	03:12:18.32	00:09:10.36			
21	03:19:39.15	00:07:20.83			
22	03:27:29.49	00:07:50.34			
23	03:39:55.56	00:12:26.07			
24	03:48:29.13	00:08:33.57			
25	03:57:55.83	00:09:26.70			
26	04:09:18.20	00:11:22.37			
27	04:20:16.75	00:10:58.55			
28	04:29:34.85	00:09:18.10			
29	04:36:54.55	00:07:19.70			
30	04:49:41.52	00:12:46.97			

<b>■チ</b> —.	人別ラ	ップタン	<b>4 /</b> (1.	コスト
_ / _	<b>—</b> /////	1 1 1 1 1		

<u> </u>		F * **
31	04:59:02.23	00:09:20.71
32	05:10:01.43	00:10:59.20
33	05:18:26.00	00:08:24.57
34	05:29:00.95	00:10:34.95
35	05:41:38.94	00:12:37.99
36	05:49:24.99	00:07:46.05
37	05:59:07.07	00:09:42.08
38	06:07:28.25	00:08:21.18
39	06:15:07.37	00:07:39.12
40	06:23:29.93	00:08:22.56
41	06:32:17.62	00:08:47.69
42	06:41:32.23	00:09:14.61
43	06:52:20.49	00:10:48.26
44	07:01:30.81	00:09:10.32
45	07:09:05.43	00:07:34.62
46	07:18:26.57	00:09:21.14
47	07:27:54.58	00:09:28.01
48	07:35:34.73	00:07:40.15
49	07:45:53.97	00:10:19.24
50	07:55:25.73	00:09:31.76

100km 100km 一般の部

2024年6月1日(土)

No: 023

情熱ハイブリッド!!

持永 展孝神田 稔久福嶋 俊文甲斐 大輔橋本 伸也平部 隆典前田 浩利金丸 俊徳南渕 圭祐佐藤 徹

谷ケ久保 潤一

周回数	トータルタイム	ラップタイム	
1	00:06:42.74	00:06:42.74	
2	00:12:58.74	00:06:15.100	
3	00:21:13.42	00:08:14.68	
4	00:28:51.91	00:07:38.49	
5	00:36:55.04	00:08:03.13	
6	00:45:01.72	00:08:06.68	
7	00:52:43.62	00:07:41.90	
8	01:00:50.61	00:08:06.99	
9	01:08:26.94	00:07:36.33	
10	01:15:19.01	00:06:52.07	
11	01:22:20.72	00:07:01.71	
12	01:32:46.29	00:10:25.57	
13	01:39:40.36	00:06:54.07	
14	01:46:22.92	00:06:42.56	
15	01:55:02.67	00:08:39.75	
16	02:03:40.46	00:08:37.79	
17	02:10:34.81	00:06:54.35	
18	02:18:40.35	00:08:05.54	
19	02:26:42.79	00:08:02.44	
20	02:34:43.88	00:08:01.09	
21	02:42:44.48	00:08:00.60	
22	02:50:27.26	00:07:42.78	
23	02:57:27.35	00:07:00.09	
24	03:03:35.44	00:06:08.09	
25	03:10:29.52	00:06:54.08	
26	03:18:57.87	00:08:28.35	
27	03:27:29.83	00:08:31.96	
28	03:35:54.83	00:08:25.00	
29	03:44:57.00	00:09:02.17	
30	03:52:56.41	00:07:59.41	

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
_ / _	<b>—</b> /////	1 1 1 1 1 1		

<u> </u>		¥ * **
31	04:01:06.30	00:08:09.89
32	04:09:23.02	00:08:16.72
33	04:17:12.15	00:07:49.13
34	04:24:16.35	00:07:04.20
35	04:31:02.76	00:06:46.41
36	04:37:37.07	00:06:34.31
37	04:44:34.88	00:06:57.81
38	04:52:55.85	00:08:20.97
39	05:01:36.32	00:08:40.47
40	05:10:03.82	00:08:27.50
41	05:18:08.20	00:08:04.38
42	05:25:29.00	00:07:20.80
43	05:34:25.11	00:08:56.11
44	05:41:30.52	00:07:05.41
45	05:49:38.24	00:08:07.72
46	05:57:50.15	00:08:11.91
47	06:05:32.52	00:07:42.37
48	06:12:45.12	00:07:12.60
49	06:18:57.39	00:06:12.27
50	06:26:03.47	00:07:06.08

2024年6月1日(土)

100km 100km 一般の部

No: 024

グーリーとハチニー

村田 悠馬 名倉 健一郎 松本 士昂

周回数	トータルタイム	ラップタイム
1	00:06:46.87	00:06:46.87
2	00:14:25.41	00:07:38.54
3	00:22:08.68	00:07:43.27
4	00:30:06.63	00:07:57.95
5	00:38:17.67	00:08:11.04
6	00:46:31.59	00:08:13.92
7	00:55:21.31	00:08:49.72
8	01:03:55.10	00:08:33.79
9	01:12:34.94	00:08:39.84
10	01:19:45.27	00:07:10.33
11	01:27:08.74	00:07:23.47
12	01:34:07.62	00:06:58.88
13	01:42:23.31	00:08:15.69
14	01:49:36.99	00:07:13.68
15	01:57:22.83	00:07:45.84
16	02:04:57.04	00:07:34.21
17	02:13:01.29	00:08:04.25
18	02:21:18.32	00:08:17.03
19	02:29:41.87	00:08:23.55
20	02:39:05.74	00:09:23.87
21	02:47:56.56	00:08:50.82
22	02:56:41.83	00:08:45.27
23	03:03:50.98	00:07:09.15
24	03:11:33.88	00:07:42.90
25	03:19:14.18	00:07:40.30
26	03:27:57.90	00:08:43.72
27	03:35:26.93	00:07:29.03
28	03:43:22.34	00:07:55.41
29	03:50:54.55	00:07:32.21
30	03:59:08.78	00:08:14.24

<b>■チ</b> —.	人 別 =	ラップ	タイル	、リス	K
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	733 7 7 7 1	<b>7</b>	
31	04:07:30.36	00:08:21.57	
32	04:16:20.57	00:08:50.21	
33	04:23:42.55	00:07:21.98	
34	04:31:31.15	00:07:48.60	
35	04:39:16.97	00:07:45.82	
36	04:47:56.53	00:08:39.56	
37	04:56:55.41	00:08:58.88	
38	05:05:34.02	00:08:38.61	
39	05:13:16.06	00:07:42.04	
40	05:20:27.30	00:07:11.24	
41	05:27:51.73	00:07:24.43	
42	05:35:41.67	00:07:49.94	
43	05:43:56.16	00:08:14.50	
44	05:51:50.97	00:07:54.80	
45	06:00:20.90	00:08:29.93	
46	06:08:08.22	00:07:47.32	
47	06:15:15.15	00:07:06.93	
48	06:23:08.12	00:07:52.97	
49	06:30:33.32	00:07:25.20	
50	06:37:50.63	00:07:17.31	

100km 100km 一般の部 2024年6月1日(土)

No: 025 宮崎ランニングクリニック

河野 健一 下牟田 典和 中武 憲秀 梅原 圭子 山田 友江

田中 啓之 楠 浩幸 河野 由篤

周回数	トータルタイム	ラップタイム
1	00:06:00.23	00:06:00.23
2	00:11:51.63	00:05:51.40
3	00:19:01.14	00:07:09.51
4	00:26:19.44	00:07:18.30
5	00:35:02.45	00:08:43.01
6	00:45:44.90	00:10:42.45
7	00:55:20.57	00:09:35.67
8	01:01:42.54	00:06:21.97
9	01:07:50.60	00:06:08.06
10	01:14:59.50	00:07:08.90
11	01:22:21.46	00:07:21.96
12	01:31:27.92	00:09:06.46
13	01:42:50.38	00:11:22.46
14	01:52:41.93	00:09:51.55
15	01:59:09.41	00:06:27.48
16	02:05:15.96	00:06:06.55
17	02:12:25.63	00:07:09.67
18	02:19:53.22	00:07:27.59
19	02:29:17.08	00:09:23.86
20	02:40:52.00	00:11:34.92
21	02:50:50.37	00:09:58.37
22	02:59:14.93	00:08:24.56
23	03:05:34.04	00:06:19.11
24	03:11:39.64	00:06:05.60
25	03:18:52.24	00:07:12.60
26	03:26:24.64	00:07:32.40
27	03:35:57.52	00:09:32.88
28	03:47:21.62	00:11:24.10
29	03:57:13.74	00:09:52.12
30	04:05:58.56	00:08:44.82

<b>■チ</b> —.	人別ラ	ップタン	<b>(</b>	コスト
_ / _	<b>—</b> /////	1 1 1 1 1 1		

	パンフィブーー	7731	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
31	04:12:24.08	00:06:25.52	
32	04:18:25.42	00:06:01.34	
33	04:25:37.85	00:07:12.43	
34	04:33:20.85	00:07:43.00	
35	04:43:00.09	00:09:39.24	
36	04:54:31.51	00:11:31.42	
37	05:04:32.13	00:10:00.62	
38	05:12:59.87	00:08:27.74	
39	05:19:32.06	00:06:32.19	
40	05:25:35.67	00:06:03.61	
41	05:32:54.15	00:07:18.48	
42	05:40:22.91	00:07:28.76	
43	05:48:46.85	00:08:23.94	
44	05:55:14.52	00:06:27.67	
45	06:01:13.49	00:05:58.97	
46	06:07:55.42	00:06:41.93	
47	06:15:33.32	00:07:37.90	
48	06:21:51.47	00:06:18.15	
49	06:28:43.27	00:06:51.80	
50	06:34:45.26	00:06:01.99	