【記録】第1回 UF5000 in 宮崎

■A組【3分30秒ペース/km】

27

28

26

厚地 学

串間 貴史

牛島 要

00:01:14.42

00:01:14.06

00:01:14.69

00:03:41.19

00:03:40.78

00:03:41.77

00:06:11.01

00:06:09.90

00:06:11.09

00:08:34.72

00:08:33.57

00:08:35.07

00:11:00.68

00:10:59.05

00:11:01.33

00:13:25.13

00:13:23.83

00:13:29.35

■A組	【3分30秒ペース/	km]													
ゼッケン	名前	200m	600m	1000m	1400m	1800m	2200m	2600m	3000m	3400m	3800m	4200m	4600m	5000m	所属
2	石谷 公平	00:00:36.08	00:01:53.21	00:03:09.98	00:04:27.32	00:05:45.18	00:07:04.34	00:08:24.59	00:09:45.36	00:11:05.86	00:12:26.05	00:13:46.05	00:15:06.12	00:16:18.80	
3	谷口 貴則	00:00:42.03	00:02:07.26	00:03:30.73	00:04:52.80	00:06:17.32	00:07:42.81	00:09:08.20	00:10:34.80	00:12:03.08	00:13:32.24	00:15:01.92	00:16:28.40	00:17:50.84	
4	岩崎 義明	00:00:42.23	00:02:07.61	00:03:31.44	00:04:53.52	00:06:17.92	00:07:43.30	00:09:08.60	00:10:35.15	00:12:03.44	00:13:32.58	00:15:02.29	00:16:30.24	00:17:56.18	
5	野崎 秀人	00:00:42.79	00:02:08.17	00:03:32.02	00:04:54.17	00:06:18.63	00:07:45.32	00:09:13.76	00:10:44.07	00:12:16.92	00:13:50.78	00:15:24.01	00:16:57.57	00:18:24.83	Remind
1	吉田 浩二	00:00:42.18	00:02:07.35	00:03:31.26	00:04:53.35	00:06:17.69	00:07:45.76	00:09:19.00	00:10:56.34	00:12:35.47	00:14:12.67	00:15:54.19	00:17:33.20	00:19:06.29	宮崎ランニングクリニック
■B組	【4分00秒ペース/	'km】													
゙ッケン	名前	200m	600m	1000m	1400m	1800m	2200m	2600m	3000m	3400m	3800m	4200m	4600m	5000m	所属
12	児玉 大舗	00:00:45.94	00:02:15.10	00:03:44.06	00:05:14.35	00:06:43.16	00:08:12.82	00:09:42.18	00:11:13.65	00:12:43.44	00:14:15.45	00:15:48.03	00:17:18.49	00:18:44.10	
8	稲葉 峻宜	00:00:47.02	00:02:17.51	00:03:49.50	00:05:21.96	00:06:55.07	00:08:26.83	00:09:58.58	00:11:30.78	00:13:01.61	00:14:33.50	00:16:07.21	00:17:42.13	00:19:11.41	
6	石村 真	00:00:49.53	00:02:24.31	00:03:59.92	00:05:35.92	00:07:10.43	00:08:45.80	00:10:22.22	00:11:58.29	00:13:33.99	00:15:10.24	00:16:44.53	00:18:13.19	00:19:32.57	MRC
7	荒川 雅文	00:00:49.88	00:02:24.61	00:04:00.46	00:05:36.41	00:07:10.89	00:08:46.28	00:10:22.48	00:11:58.66	00:13:34.35	00:15:10.73	00:16:45.02	00:18:14.52	00:19:38.16	
13	矢野 康行	00:00:49.49	00:02:24.66	00:04:00.62	00:05:36.71	00:07:11.14	00:08:47.43	00:10:24.49	00:12:02.38	00:13:40.54	00:15:18.77	00:16:58.23	00:18:37.11	00:20:05.91	
9	安藤 祥二	00:00:49.01	00:02:23.89	00:03:59.83	00:05:35.71	00:07:10.73	00:08:47.22	00:10:25.70	00:12:05.73	00:13:48.91	00:15:34.72	00:17:16.79	00:18:59.64	00:20:37.32	WILL CLUB
11	平川 翔一	00:00:50.22	00:02:24.90	00:04:00.36	00:05:36.47	00:07:10.95	00:08:46.77	00:10:23.47	00:12:00.65	00:13:46.91	00:15:34.31	00:17:27.45	00:19:23.69	00:21:12.90	
10	ヤマダトモノリ	00:00:49.89	00:02:24.32	00:04:00.31	00:05:36.17	00:07:11.20	00:08:48.39	00:10:29.36	00:12:12.66	00:13:58.56	00:15:46.98	00:17:35.76	00:19:25.23	00:21:13.44	
■C組	【5分00秒ペース/	′km】													
ジッケン	名前	200m	600m	1000m	1400m	1800m	2200m	2600m	3000m	3400m	3800m	4200m	4600m	5000m	所属
19	中武 憲秀	00:00:53.48	00:02:39.35	00:04:27.09	00:06:12.64	00:07:59.30	00:09:47.35	00:11:35.72	00:13:24.11	00:15:15.06	00:17:02.71	00:18:49.44	00:20:31.84	00:21:57.39	
14	見越 誠	00:00:53.55	00:02:39.41	00:04:27.28	00:06:12.75	00:07:59.52	00:09:47.61	00:11:35.94	00:13:24.29	00:15:15.17	00:17:02.86	00:18:49.40	00:20:32.40	00:22:07.75	
20	瀬戸 守	00:00:53.12	00:02:38.89	00:04:26.81	00:06:12.29	00:07:59.25	00:09:47.07	00:11:35.45	00:13:23.90	00:15:14.67	00:17:02.40	00:18:53.13	00:20:48.56	00:22:43.02	MRC
23	重田 信之	00:00:59.49	00:03:03.51	00:04:56.69	00:06:47.53	00:08:37.18	00:10:27.64	00:12:17.57	00:14:09.39	00:16:01.46	00:17:54.92	00:19:49.47	00:21:45.10	00:23:36.22	
18	松田 崇	00:00:58.50	00:03:02.87	00:04:59.84	00:06:58.55	00:08:58.24	00:10:58.56	00:12:59.61	00:15:00.96	00:17:02.69	00:18:53.05	00:20:52.99	00:22:55.47	00:24:48.01	
22	小池 卓哉	00:00:59.70	00:03:04.07	00:05:00.91	00:06:59.60	00:08:58.99	00:10:59.35	00:13:00.83	00:15:01.92	00:17:03.80	00:19:04.97	00:21:05.53	00:23:05.75	00:24:52.40	Local Gain
15	滋井 邦晃	00:00:59.12	00:03:03.49	00:05:00.56	00:06:58.97	00:08:58.42	00:10:58.70	00:13:00.03	00:15:01.30	00:17:03.19	00:19:04.56	00:21:05.57	00:23:04.25	00:24:55.52	ぷろぐれすらんなーず
16	山澤 美佐	00:00:58.70	00:03:02.73	00:04:59.94	00:06:58.47	00:08:57.97	00:10:58.35	00:12:59.62	00:15:00.84	00:17:03.33	00:19:04.57	00:21:05.13	00:23:06.65	00:25:00.74	
■D組	【6分00秒ペース/	′km】													
ヹ゙ッケン	名前	200m	600m	1000m	1400m	1800m	2200m	2600m	3000m	3400m	3800m	4200m	4600m	5000m	所属
24	下牟田 典和	00:01:04.56	00:03:20.48	00:05:34.59	00:07:40.77	00:09:50.79	00:12:02.81	00:14:14.42	00:16:25.71	00:18:38.49	00:20:53.38	00:23:08.10	00:25:22.98	00:27:32.49	
25	久保田 真紀	00:01:05.07	00:03:24.88	00:05:41.86	00:07:55.26	00:10:08.05	00:12:21.69	00:14:31.77	00:16:43.08	00:18:55.36	00:21:10.19	00:23:24.82	00:25:38.66	00:27:44.16	

00:15:51.29

00:15:49.78

00:15:52.22

00:18:17.04

00:18:15.33

00:18:18.00

00:20:42.72

00:20:41.18

00:20:43.22

00:23:07.20

00:23:05.48

00:23:08.75

00:25:34.49

00:25:32.53

00:32:05.10

00:27:59.43

00:27:56.66

00:34:38.49

00:30:07.14

00:30:08.31

00:37:13.52

ダイワコンサルタント

モリタ